

*At St Michael's, we aim to provide high quality PE for all, inspiring a lifelong enthusiasm for fitness and health.*

Year Group	Autumn	Spring	Summer
1	Gymnastics and Multi-skills Fitness unit and Hockey	Dance and Tag Rugby Football and Challenges	Tennis and Cricket Rounders and Athletics
2	Gymnastics and Multi-skills Fitness unit and Dance	Hockey and Challenges Netball and Tag Rugby	Tennis and Cricket Scooters Rounders and Athletics
3	Basketball and Dance Hockey and Fitness unit	Golf and Swimming Challenges and Swimming	Tennis and Tag Rugby Bike ability Cricket and Athletics
4	Dance and Netball OAA and Fitness unit	Gymnastics and Swimming Golf and Swimming	Tennis and Tag Rugby Bike ability Cricket and Athletics