

Primary Physical Education and Sport Funding Action Plan 2020/21

St Michael's (C of E) First School

Amount of Grant Received 2020/21 £16,000+£10 per pupil. + underspend from Year 2020-2021

Primary PE and sports premium key indicators of improvement:

Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement

Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport

Key Indicator 4: broader experience of a range of sports and activities offered to all pupils

Key Indicator 5: increased participation in competitive sport

Intent		Implementation				Impact
Area of Focus	Evidence of need	Action Plan	Who	Time Scale	Funding Breakdown	Success criteria & evidence record
<p>Improving the quality of teaching and learning in PE.</p> <p>To discuss with staff the implications of the covid-19 situation and what this means for PE in terms of curriculum design and order of activities.</p> <p>Embed staff confidence in teaching following audit of needs.</p> <p>To update all</p>	<p>Staff feedback from questionnaires</p> <p>Learning walks</p> <p>Conversations with Staff.</p> <p>Pupil voice</p> <p>Government guidelines around covid-19</p> <p>School development plan</p>	<p>Review PE curriculum in light of covid-19 situation. Look at whether tweaks and changes are needed to long term overview and discuss these and guidance for PE in staff meeting.</p> <p>PE CPD needs planned for the year based on staff feedback from questionnaire and monitoring activities conducted; PE Subject lead:</p> <ul style="list-style-type: none"> - Termly PE network meetings, - PE conference place – 16.6.21 - 1-1 sessions Autumn and Summer term - Effective monitoring in PE course – 3rd Feb 21 <p>Other Staff Members</p> <ul style="list-style-type: none"> -3 day securing good PE teaching course for TA - Other courses for new members of staff? <p>4 day in school Games support package organised for all members of staff in the Autumn term.</p>	<p>SC</p> <p>SC</p> <p>Other staff</p> <p>All Staff</p>	<p>Autumn term</p> <p>Through year</p> <p>Autumn term</p>	<p>£1950 Helping hand PE in school support package.</p> <p>£____ teacher release time</p> <p>£1600 (allocated from last year)</p>	<p>Reviewed curriculum and activities in place to ensure safe practice is taking place in light of covid-19 situation and government guidance. This has impacted on the safety and wellbeing of both pupils, staff and the community.</p> <p>Through the delivery of well-planned lessons and high quality teaching pupils have continued to make good progress in lessons and have develop their skills to a good level.</p> <p>Pupils feedback on their enjoyment and engagement in lessons and this continues to grow so that all pupils have positive experiences, improved self esteem, knowledge of the importance of being active and staying healthy and a love of PE.</p> <p>School, PE leader, and the rest of the staff remain up to date with latest guidance and</p>

documentation for PE health and safety in line with new guidance in safe practice book.		Attend Safe practice in PE and school sport update on the 11 th November and purchase new book. Following this to review PE policy and risk assessments and update as necessary.	SC	11.11.20	Included in package	best practice in the subject through sharing ideas and this ensure the best possible impact and outcomes for pupils.
Links to; Key Indicator 3 Key Indicator 2		PE subject lead to review curriculum overview and progression of skills document through year to check these are working and support teachers in their planning and delivery and pupils in terms of their development.	SC	Through year	£400 equipment costs	School up to date with any new health and safety in PE advice and this is embedded in policy and risk assessment to ensure maximum safety for pupils.
		PE subject lead to audit PE equipment and see if there are any areas of need. Purchase new equipment as needed.	SC	Spring term	£_____ release time to conduct monitoring activities.	Evidence: Lesson observations, planning documents, Learning walks, Staff feedback. Pupil and parent feedback. Staff performance management PE policy and risk assessments.
		Monitoring activities planned to judge impact of the spend – lesson observations, questionnaires etc	SC	Through year		Sustainability: PE remains a well-managed and well led subject with PE leader being at the cutting edge of best practice and using this knowledge to ensure high quality outcomes for the school. Staff delivery and confidence to teach high quality PE remains high so that future pupils benefit from well taught lessons and the positive outcomes that come from this. Key stakeholders of the school understand and support the subject and this has become part of the whole school ethos and is something that is highly valued. Safe practice documents and guidance is fully updated and in place and is used to make sure pupils are kept and remain safe.
Improving pupils fitness and mental health Improve pupils fitness levels. Develop pupils mental health and support pupils to develop key life skills that build upon home learning	Lesson observations of pupils struggling with stamina over sustained periods of time. New curriculum health guidelines Staffordshire	In light of covid-19 situation this area has become even more of a priority and focus in school. We will continue to look at the many opportunities to promote both pupils fitness and mental health in school through: <u>Pupils fitness</u> Continue with 5min physical exercises at the start of break/ lunchtimes that improve fitness. Look into purchasing sets of pedometers for children to use in school and take home to encourage movement, exercise and active travel. Set personal challenges around this	SC All staff SC		£250 teacher release time to complete actions	Staff feel confident in using a range of resources and strategies to promote pupils physical and emotional health and well-being. These are used when needed within lessons at lunchtime and sent home as activities. Pupils feel confident is using these strategies to them to help them deal with emotional situations they may be experiencing.. Through participation in regular outdoor learning and forest school activities pupils have developed a love of the outdoors and nature and are developing their life skills

<p>activities that have taken place whilst pupils have been in lockdown.</p> <p>Engage with parents on activities that can be continued at home for health and wellbeing.</p> <p>Key Indicator 1 Key Indicator 4 Key Indicator 5</p>	<p>school health profile</p> <p>New government obesity strategy: (30mins active in school 30mins at home)</p> <p>Lunchtime audit and observations</p>	<p>and look at class and school challenges too. Discuss with Karen Moores (PE consultant) about fitness testing for pupils and MOT booklet and fitness unit that can be delivered as part of PE curriculum.</p>	SC		<p>£400 fitness enrichment day or included in health and wellbeing package</p>	<p>including trust, respect, teamwork and communication.</p>
		<p>Continue with range of activities on offer at lunchtimes that were learnt and developed last year.</p> <p>Audit current provision and strengths and areas of development and look to further enhance and develop this throughout the year looking into other areas such as: Themed days – Move it Monday, Tuneful Tuesday, Wild Wednesday, Thinking Thursday and Fitness Friday</p> <p>Developing Zones and areas.</p>	SC LTS	<p>£750 lunchtime improvement package.</p>	<p>Evidence: Pupil voice, staff feedback, parental feedback, newsletters, display, case study</p> <p>Sustainability: Staff and pupils will continue to use strategies for emotional health and well-being and these will be embedded into practice and have a long term impact on their ability to deal with challenging situations. Life skills developed will staff with pupils in future years and these opportunities within the curriculum will continue to be offered to pupils in suture year groups.</p>	
		<p>Train lunchtime staff and play leaders in new activities and how to support pupils with mindfulness activities.</p>				
		<p><u>Mental health</u></p> <p>Look at strategies for improving pupils mental health and the links that can be made to the PSHE curriculum.</p> <p>Improving health and wellbeing package including:</p> <ul style="list-style-type: none">-Improving health, fitness & wellbeing course 11th February 21- Health and wellbeing network meetings- Staff wellbeing – 6 week virtual yoga course- 3/6 days in school support for pupils (or targeted pupils) on identified areas such as: emotional health, building resilience, healthy eating, first aid, improving and testing fitness day?	SC	<p>Health and wellbeing package A OR B?</p>		
		<p>Information shared with all staff and strategies used and considered throughout the school at all times of the day</p> <p>GS to develop quiet area/ garden that can be used by pupils at lunch and break times and by staff within lessons.</p>	SC GS	<p>£_____ costs for quiet area or resources.</p>		

<p>Expanding opportunities for competition & linking with the Community</p> <p>To expand the opportunities for pupils to take part in competitions and performance.</p> <p>To improve pupils confidence, self esteem, teamwork and mental health.</p> <p>To explore ways of community involvement in PE, sport and health and signposting children to continue to be active in the local area.</p> <p>Key Indicator 4 Key Indicator 5</p>	School games mark audit	To look at opportunities for competition as part of the PE national curriculum and wider school offer of intra/ inter competitions.	SC			Calendar of competitions clearly mapped out and fits well to current curriculum overview and extra curricular clubs on offer for pupils
	Pupil voice	Review calendar of sporting events put together throughout the year that the school take part in and continue with those that fit with the school and pupils needs and interests.	SC/TA		£250 teacher release time	Staff offering pupils opportunities to be competitive or take part in performances at the end of the unit of work.
	Staff questionnaire					
	Parent questionnaire	My personal best challenges integrated into lunchtimes and breaktimes to keep pupils engaged and motivated in learning and developing skills.	SC		£400 After School Sports Club	Pupils taking part in my personal best challenges which motivate and engage them and give them increased confidence and self-esteem in their abilities.
	After school club records	Y4 Busy bees after school leadership programme developed and embedded.	GS			Parents and community involved in support PE, sport and health offer for pupils and everyone being more active together and taking part in opportunities available.
		Staff to focus on mental health and competition asking pupils questions and having discussions around scenarios competitions bring up and how to deal with situations.	All staff			100% of pupils taking form in some form of competitive situation in the school.
		Look at opportunities clubs to come into school for taster sessions or clubs and also for opportunities for children to be active in the community and make links with these on offers for pupils to try our activities, join in with activities etc	SC			Evidence: Lunchtime observations, Registers, Staff feedback, Lunchtime action plan (RD), lesson planning, assessment documents.
		Signpost parents to club links event, PE courses and advice Facebook page and look into developing separate section on school website to help encourage pupils and families to be more physically active and further improve their skills.	All staff			Sustainability: Pupils wider skills learnt though competitive situation's and collaborating with others will stay with them. Calendar of events and opportunities will carry on in future years so others will have similar experiences and opportunities.
<p>Links to whole school development plan:</p>						

2021/22

2022/23