



# St. Michael's C.E. (A) First School

Headteacher: Mrs Zoe Cahalan

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Dear Parent,

Swimming lessons for Year 4 will commence after half term at Wolgarston High School and will run until the end of Spring term. We will travel to and from the pool by Wolgarston mini bus. Year 4 will swim from 1.25pm until 1.55pm and arrive back at school for afternoon lessons.

The following statements are provided to help with any queries you may have. If you need any more assistance, please do not hesitate to contact your child's class teacher.

## Swimming Hats

Any child with long hair (which, when wet, comes down over the eyes, nose or mouth) should have it tied up and wear a cap.

## Swimming Wear

This should be a one-piece costume for girls and traditional trunks for boys. Bermuda style trunks are not appropriate for school swimming lessons as they can impede leg movements.

## Goggles

See attached sheet

## Jewellery

All jewellery must be removed before swimming.

## Verrucas

If your child is known to have one, then the foot may be covered with a plast-soc (waterproof sock) although this not compulsory.

## School uniform

After many years of taking children to school swimming lessons it would be advisable for girls not to wear tights on swimming day!

Yours sincerely

Mr Cooper (PE Lead)

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## Parental consent for use of Swimming Goggles

Pupils Name \_\_\_\_\_

School \_\_\_\_\_

I understand the problems which may be caused by my child wearing swimming goggles during school swimming lessons and have explained these to my son / daughter and I give permission for him / her to wear goggles.

Signed \_\_\_\_\_ (Parent / Guardian) Date \_\_\_\_\_

*Service, Joyfulness, Courage, Kindness, Respect, Perseverance*

