

Week one

05/11 26/11 27/12 21/01 11/02 11/03 01/04

Choose a main meal...
Mozzarella & Tomato Pizza** with Pasta Salad**
Bean Burger in a Bun*

on the side...
Carrot Batons, Peas
Fresh Seasonal Salad Bar
for dessert...
Flapjack with Fruit Slices*

Choose a main meal...
Chicken Filler in a Bun with Jacket Wedges
Creamy Broccoli and Sweetcorn Pasta**

on the side...
Roasted Vegetables
Fresh Seasonal Salad Bar
for dessert...
Crunchy Plum Crumble* with Custard

Choose a main meal...
Roast Turkey with Roast Potatoes & Gravy
Quorn Roast* with Roast Potatoes & Gravy

on the side...
Green Beans, Carrot Batons
Fresh Seasonal Salad Bar
for dessert...
Chocolate Ice Cream with Mandarin Segments*

Choose a main meal...
Savoury Beef with rice**

on the side...
Sweetcorn, Broccoli
Fresh Seasonal Salad Bar
for dessert...
Brownie Cake with Banana*

Choose a main meal...
Crispy Fish & Chips
Quorn Dippers* with Chips

on the side...
Peas, Carrot Batons & Baked Beans
Fresh Seasonal Salad Bar
for dessert...
Lemon Shortbread with Fruit Slices*

Week two

12/11 03/12 07/01 28/01 25/02 18/03 08/04

Choose a main meal...
Mozzarella & Tomato Pizza** with Pasta Salad**
Baked Bean & Cheese Wrap*

on the side...
Sweetcorn, Peas
Fresh Seasonal Salad Bar
for dessert...
Vanilla Ice Cream with Fruit Slices*

Choose a main meal...
Chicken & Sweetcorn Pie with Creamy Mashed Potato
Vegetarian Sausages* with Creamy Mashed Potato

on the side...
Roasted Vegetables
Fresh Seasonal Salad Bar
for dessert...
Orange & Lemon Sponge Cake with Fruit Slices*

Choose a main meal...
Roast Pork with Roast Potatoes & Gravy
Cheese & Potato Bake* with Roast Potatoes

on the side...
Broccoli, Carrot Batons
Fresh Seasonal Salad Bar
for dessert...
Crunchy Chocolate Biscuits with Fruit Slices*

Choose a main meal...
Beef Burger with Potato Wedges
Vegetarian Tagine* (Moroccan Style Vegetable Casserole) with Rice

on the side...
Green Beans, Sweetcorn
Fresh Seasonal Salad Bar
for dessert...
Apple & Berry Crumble* with Custard

Choose a main meal...
Golden Cod Fillet Fish Fingers & Chips
Quorn Burger* with Chips

on the side...
Peas, Carrot Batons & Baked Beans
Fresh Seasonal Salad Bar
for dessert...
Flagjack with Banana & Apricot*

Week three

19/11 10/12 14/01 04/02 04/03 25/03

Choose a main meal...
Mozzarella & Tomato Pizza** with Jacket Wedges
Quorn Sausage & Tomato Pasta Bake V

on the side...
Green Beans, Sweetcorn
Fresh Seasonal Salad Bar
for dessert...
Strawberry Ice Cream with Fruit Slices*

Choose a main meal...
Pork Sausages with Creamy Mashed Potato
Vegetable Lasagne**

on the side...
Broccoli, Sweetcorn
Fresh Seasonal Salad Bar
for dessert...
Raspberry Ripple Cake with Fruit Slices*

Choose a main meal...
Roast Turkey with Roast Potatoes & Gravy
Quorn Roast* with Roast Potatoes & Gravy

on the side...
Seasonal Cabbage, Carrot Batons
Fresh Seasonal Salad Bar
for dessert...
Peach Slice* with Custard

Choose a main meal...
Beef Lasagne with a Garlic & Herb Bread Wedge
Vegetable Korma* with Rice**

on the side...
Roasted Vegetables
Fresh Seasonal Salad Bar
for dessert...
Shortbread Fingers with Fruit Slices*

Choose a main meal...
Golden Cod Fish Fingers with chips
Cheese & Bean Wrap

on the side...
Peas, Carrot Batons & Baked Beans
Fresh Seasonal Salad Bar
for dessert...
Pineapple Upside Down Cake** with Custard



Self serve Salad Bar available to accompany main meal and fresh Home Baked Breads available throughout the week.
Fresh Fruit & Yoghurt and a choice of Organic Milk, Fruit, Juice & Cool Water served daily.
Fruit Based **Wholegrain **Oily Fish (V) Vegetarian. LOOK OUT FOR OUR PROMISING THEME DAY PROMOTIONS!

WE SUPPORT
82 BRITISH DAIRY FARMS



We only use
Lion Quality
British Eggs



FARM TO FORK
We can trace every
cut of meat back to
the farms of origin

ALL OUR
BREAD IS
FRESHLY BAKED
EVERY DAY

All our
bananas are
FAIRTRADE



REDUCING OUR
CARBON
FOOTPRINT
OVER 30%
of our products are
transported by vehicles
that run on biofuels!

IS AVAILABLE ON
A DAILY BASIS

FRESH SALAD

ALL OUR BEEF
is from
THE UK OR
IRELAND

of our seasonal
vegetables
direct from
British growers



WE
BUY
95%

All our
milk is Red
Tractor
approved

