

Week one

09/04 30/04 21/05 09/07 01/10 22/10

Choose a main meal...
Mozzarella & Tomato Pizza
v with Pasta Salad**
Cheese & Potato Bake

on the side...
Carrot Batons
Choice of Fresh Seasonal Salads
for dessert...
Apple Flapjack*

Choose a main meal...
Chicken Mayo Burger with Jacket Wedges
Quiche & Jacket Potato

on the side...
Green Beans
Choice of Fresh Seasonal Salads
for dessert...
Mini Chocolate Brownie with Banana & Custard

Wednesday

Choose a main meal...
Roast Pork with Roast Potatoes & Gravy
Quorn Roast v with Roast Potatoes & Gravy

on the side...
Spring Cabbage
Choice of Fresh Seasonal Salads
for dessert...
Blueberry Frozen Yoghurt*

Thursday

Choose a main meal...
Savoury Beef with Rice**
Macaroni, Cheese & Sweetcorn Bake v

on the side...
Broccoli
Choice of Fresh Seasonal Salads
for dessert...
Orange Jelly with Mandarin Segments

Friday

Choose a main meal...
Crispy Fish & Chips
Veggie Hot Dog v with Chips

on the side...
Carrot Batons & Peas, Baked Beans
Choice of Fresh Seasonal Salads
for dessert...
Crunchy Chocolate Biscuit with Fruit Slices

All of our bread is baked fresh every day
We have a fresh salad bar available daily
*Fruit Based **Wholegrain ***Oily Fish (v) Vegetarian



Week two

16/04 07/05 04/06 25/06 16/07 17/09 08/10

Choose a main meal...
Mac 'N' Cheese v
Vegetarian Meatballs in a Tomato Sauce v**
Wholegrain Rice

on the side...
Broccoli
Choice of Fresh Seasonal Salads
for dessert...
Vanilla Ice Cream with Sliced Peaches

Choose a main meal...
Pork Sausages with Creamy Mash & Gravy
Vegetarian Sausages v with Creamy Mash & Gravy

on the side...
Carrot Batons
Choice of Fresh Seasonal Salads
for dessert...
Chocolate & Banana Mousse Pot*

Choose a main meal...
Roast Chicken with Roast Potatoes & Gravy
Cheese and Potato Pie v with Roast Potatoes & Gravy

on the side...
Roasted Vegetables
Choice of Fresh Seasonal Salads
for dessert...
Oatie Biscuit with Fruit Slices*

Choose a main meal...
Traditional Beef Lasagne with a Garlic & Herb Bread Wedge
Creamy Tomato & Basil Pasta v**

on the side...
Fresh Cauliflower
Choice of Fresh Seasonal Salads
for dessert...
Carrot & Banana Slice* with Custard

Choose a main meal...
Golden Fish Fingers & Chips
Quorn Burger in a Bun v with Chips

on the side...
Carrot Batons & Peas, Baked Beans
Choice of Fresh Seasonal Salads
for dessert...
Lemon Shortbread Biscuit with Fresh Melon*

Week three

23/04 14/05 11/06 02/07 03/09 24/09 15/10

Choose a main meal...
Vegetable Supreme Pizza v with Jacket Wedges
Vegetarian Bolognese v**

on the side...
Carrot Batons
Choice of Fresh Seasonal Salads
for dessert...
Mango Frozen Yoghurt*

Choose a main meal...
Creamy Chicken Curry with Wholegrain Rice**
Vegetable Lasagne v

on the side...
Fresh Cauliflower
Choice of Fresh Seasonal Salads
for dessert...
Chocolate & Mandarin Sponge* with Custard

Choose a main meal...
Roast Turkey with Roast Potatoes & Gravy
Shepherdess Pie v with Gravy

on the side...
Broccoli
Choice of Fresh Seasonal Salads
for dessert...
Carrot & Pineapple Cake*

Choose a main meal...
Pasta Bolognese**
Milk Potato & Chickpea Curry v with Rice**

on the side...
Roast Mediterranean Vegetables
Choice of Fresh Seasonal Salads
for dessert...
Custard Biscuit with Fruit Slices*

Choose a main meal...
Golden Fish Fingers with Chips
Quorn Sausage v & Tomato Pasta Bake

on the side...
Carrot Batons & Peas, Baked Beans
Choice of Fresh Seasonal Salads
for dessert...
Strawberry Jam & Coconut Sponge* with Custard

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biofuel

ALL OUR BANANAS ARE FAIRTRADE



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY